I. Introduction

http://www.thaigreenagro.com/article/article.aspx?fArticleCatId=7&fArticleSubCatId=68. Date of access: 11/10/2011
II. Stress

i. Source of stress

1. Environment
   • Temperature (Ambient)
   • Humidity
   • Air movement (wind chill factor?)
   • Air pressure (altitude)
   • Sound
   • Odeur
   • Light
   • Insufficient input – i.e. Nutritional stress
   • God’s mercy – Fire, smoke, flood, earth quakes, sunami, etc.

2. Manager (Bank manager  ธกส, farm hands, wife, etc.)

ii. Type of stress
   • Physical Stress

Environmental stressor ➔ Psychological stressors

Physical Stress
   • Psychological stress

When you are not in control of a situation ➔ Psychological stress

• Stress is your mind and body’s response or reaction to a real or imagined threat, event or change.

• The threat, event or change are commonly called stressors. Stressors can be internal (thoughts, beliefs, attitudes or external (loss, tragedy, change).

III. Effects of stress

Stress ➔ Losses of productions

IV. How to deal with:

i. Physical Stress

   • Environmental Controls via Engineering Shade, Evaporation, etc.
   • Using Bio – Chemical controls EM, Biogas, etc.

ii. Psychological stress

   • Meditation?

iii. Feed and Medicine availability

V. Conclusion

On farm Removal of stressor ➔ Cost consideration (Break even ?)

Small stress ➔ better health and survive longer.

Further readings

malathorn.org/35171/18510038.doc Date of access 9/10/2011
Reducing Stress Presentationwww.franciscan.edu/.../stressseminar/reducingstresspres...Date of access 9/10/2011
ชาญวิทย์วัชรพุกก์(2539) สาระการงานด้านสัตว์เลี้ยงภาค วิชาสัตวแพทยศาสตร์บางเขนกทม. 10900.